

## WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Veg Kathlama & Yoghurt Dip Jacket Potato & Cheese Cheese & Red Onion Flan	Lamb & Pepper Pasta Lemon Sole Grill Baked Bean Flan	Spaghetti Bolognaise Cheese Flan Quorn Italian Pasta	Minted Lamb Shammi Fish Fingers Veg Chow Mein	Masala Chicken Home Made Pizza
Purely Potato Wedges Parsley Potato	Purely Potato Dice Jacket Potato	Creamed Potatoes	Parsley Potatoes Rice	Chips Jacket Potato
Peas Baked Beans	Carrots Broccoli	Cabbage Ratatouille	Sweetcorn Peas	Baked Beans Mixed Vegetables
Rice Pudding with Mandarins Yoghurt Fresh Fruit	Cornflake & Apple Flan & Custard Yoghurt Fresh Fruit	Chocolate Crunch & Custard Yoghurt Fresh Fruit	Carrot & Custard Yoghurt Fresh Fruit	Mandarin & Grape Muffin & Juice Cuplet Yoghurt Fresh Fruit

### Additional Menu Options:

**Salad selection is available daily as an alternative to seasonal vegetables**

**Fresh drinking water is available daily**

**Chunky bread available daily**