P.E- Upper Key Stage two - Dance Yr5 and Yr6

| Pupils should be taught to: | How we do this in Y5 | How we do this in Y6 | Resources | <u>Vocabulary</u> | <u>Notes</u> |
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| Develop flexibility, strength, technique, control and balance perform dances using a range of movement patterns | Continue to embed vocabulary already taught from years 3 and 4. Model where required Key vocabulary will be taught at the start of each session and explicitly modelled, review previous session vocabulary where applicable. Haka dance - Introduce new key vocabulary as well as recapping vocab used in years 3/4 - Children to watch, review and replicate movements from a given model (video or teacher led) - Children should perform in unison for effect - Consideration should be given to the strength | Continue to embed vocabulary already taught from precious years. Model where required Key vocabulary will be taught at the start of each session and explicitly modelled, review previous session vocabulary where applicable. Bollywood dance - Review key terminology from year 5 and introduce new key words - Children to copy and mirror movements in pairs - Children should explore and improvise ideas for dance working with a partner and in group, adapting and developing formations and patterns | All blacks Haka dance on youtube Visual prompts Cool down music on youtube Yr6 warm up: https://www.youtube.com/watch?v=zodMlu0 Dance routine: https://www.youtube.com/watch?v=Ybc_1yyzxJw | Vocabulary Yr5 Haka, dance, move, dynamics, culture, cannon, sequence, unison, strong, repetition, hammer throw, discus, javelin, shot put, actions, movement, speed Vocabulary Yr6 Improvise, beat, tempo, march, contrast, miming, direction, dance phrase, pace, mirror, pathway, partner, footwork, step sequence, exaggeration, composition, timing | Differentiation is not decided by who is SEND, WTS, EXS or GD in other areas, but through outcome, support and carefully selected equipment apparatus to extend/ challenge and support learners Differentiation for individuals may vary across sessions/ tasks and units of work. Teaching sequence: - Warm up - Review previous learning/ vocabulary - Clear modelling of new teaching - Pupil/ group activity - Review/ re model - Share- does not have to be whole class could be two groups at a time- use sharing part as teaching points - Cool down Please note pupils should be active a minimum of 80% of the session |

| and speed of each movement, again thinking of the effect this will have - Talk about the relationship between the dance and the accompaniment | - Children can perform dances expressively, using a range of performance skills - Evaluate, refine and develop their own work |
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| Compose, develop and adapt motifs to make dance phrases and more longer complex dances Use appropriate terminology to identify and describe their own and other's dances | - Explore dance movement ideas imaginatively, including actions, dynamics, space and relationships CRM - he/she can perform longer routines from memory adding |
| CRM he/she can perform dance actions with control and expression. he/she can choose his/her own dance steps and movements and then develop them into a routine. | expression and extension to his/her movements. - he/she can explore different styles of dance and develop short routines in a those styles. |

| | he/she can choreograph short routines to portray a particular mood or style. | | |
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| Compare their performances with previous ones and demonstrate improvement to achieve their personal best. | Children will be given regular opportunities to review own work and that of others - Self/ peer assess using video footage of each group's dance - Evaluate performance and suggest improvements - Explain how performance has developed/ improved on the audience | Children will be given regular opportunities to review own work and that of others - Self/ peer assess - Explore how sequence was put together, focusing on effect and flow - Evaluate effectiveness of sequence, linking to music and transition of actions - Evaluate using appropriate technical vocabulary - Model suggested improvements - Act upon advice given, refining sequence | |

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