

P.E- Lower Key Stage One - Hit and catch Yr1 and Yr2

<u>Pupils should be taught to:</u>	<b>How we do this in Y1</b>	<b>How we do this in Y2</b>	<u>Resources</u>	<u>Vocabulary</u>	<u>Notes</u>
<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>participate in team games, developing simple tactics for attacking and defending</p>	<p>Key vocabulary will be taught at the start of each session and explicitly modelled, review previous session vocabulary where applicable.</p> <ul style="list-style-type: none"> <li>- Introduce key vocabulary</li> <li>- When serving, children should be shown how to hold the ball correctly and use hand eye coordination to be able to hit the ball/shuttlecock a short distance.</li> <li>- Children should be shown the appropriate stance – facing side on, legs shoulder width apart, racquet in dominant hand and should be given time to practise this.</li> </ul>	<p>n/a</p>	<p><b>Yr 1</b> balls, bats/raquets, cones,</p> <p><b>Year 2</b></p>	<p><b>Vocabulary Yr1</b> Serve, stance, grip, aim, speed, control</p> <p><b>Vocabulary Yr2</b></p>	<p>Differentiation is not decided by who is SEND, WTS, EXS or GD in other areas, but through outcome, support and carefully selected equipment apparatus to extend/ challenge and support learners</p> <p>Differentiation for individuals may vary across sessions/ tasks and units of work.</p> <p>Teaching sequence:</p> <ul style="list-style-type: none"> <li>- Warm up</li> <li>- Review previous learning/ vocabulary</li> <li>- Clear modelling of new teaching</li> <li>- Pupil/ group activity</li> <li>- Review/ re model</li> <li>- Share- does not have to be whole class could be two groups at a time- use sharing part as teaching points</li> <li>- Cool down</li> </ul> <p>Please note pupils should be active a minimum of 80% of the session</p>

	<ul style="list-style-type: none"><li>- Children should start to be able to catch a ball that has been served to them and develop their confidence with this throughout all lessons</li><li>- Some control should be shown by those serving, practise hitting at varying levels of power</li><li>- Children should begin to show an understanding of how to grip the racquet.</li><li>- Children should start practising moving into the space where the ball/shuttlecock is travelling</li></ul> <p>CRM</p> <ul style="list-style-type: none"><li>- he/she can hit a ball with a range of different bats/racquets.</li><li>- he/she can find space to move into within a game.</li></ul>				
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